

Examples of referrals to CTS Support & Consultation for Independent Living (SCIL):

The client has little or no previous independent living experience and plans to move to independent living: The Occupational Therapist will complete a comprehensive functional assessment that will identify strengths and potential areas of difficulty, and provide detailed recommendations to enable the individual to be as successful as possible in the new living environment.

The client has occupational performance issues that interfere with success in specific ADL / IADL activities in his / her current living environment (eg preparing meals, managing medications, managing money, maintaining the home environment, etc): The Occupational Therapist will complete an assessment to identify factors that are contributing to the identified difficulties, and will make recommendations / implement interventions / assist the client to set goals to improve performance.

The client's competency to manage finances is in question, or the client is currently under the committee of the Public Trustee and wishes to have this discontinued: The Occupational Therapist will complete a comprehensive assessment of financial capacity to aid in an official determination of competency.

The client is at risk of losing his / her housing or recently evicted: The Occupational Therapist will complete an assessment to identify factors contributing to eviction / eviction risk, and make recommendations / complete interventions to help stabilize the situation.

The client's capacity to safely live independently or continue to live independently is called into question due to cognitive concerns: The OT will complete a comprehensive assessment of cognitive and functional status, identifying potential safety risks, and recommending / implementing cognitive adaptive strategies to increase safety where appropriate, or making recommendations to aid with decision-making regarding moving.

The client is unable to maintain a safe living environment: The Occupational Therapist will complete an assessment to assist in determining factors that are contributing to the problem, and work collaboratively with the client's case manager to implement appropriate harm reduction strategies and problem-solving strategies.

Every client's situation is unique. The above represent just a few referral examples; please feel free to contact the SCIL Program Coordinator to discuss potential referrals.