



## Private Hire Shopping and Errands



The following is a list of some of the companies/organizations that provide a variety of services including, shopping, errands, housework, laundry, and yard work. Fees vary depending on the company as well as the services you are requesting. Please contact the company directly to ask about prices. Please note: The following companies are not necessarily endorsed by your Occupational Therapist or the WRHA

### Community Seniors Resource Councils

**Services Offered:** Contact the Seniors Resource Council closest to you for a list of available support services including personal shopping (clothing, shoes, medications, groceries, etc).

**Contact Information:** Call the location nearest you to make arrangements.

<u>Senior Centre</u>	<u>Location</u>	<u>Phone #</u>
BoniVital Council for Seniors	St. Boniface/St. Vital	255-2061
Broadway Seniors Council	West End/Downtown	772-3533
Downtown Seniors Resource Council	Downtown	803-8329
Fort Garry Senior Resource Council	Fort Garry	792-1913
Keewatin/Inkster Neighborhood Council	Keewatin/Inkster	774-3085
Middlechurch Community Council	West St. Paul	336-4126
Point Douglas Seniors Coalition	North End	792-8894
River East Council for Seniors	Northeast	667-6812
Ruperts Land Caregiver Services	River Heights	452-9491
Seven Oaks Seniors' Links	Northwest	612-3888
South Winnipeg Seniors Resource Council	South	478-6169
St. James/Assiniboia Seniors Centre	St. James	987-8858
Transcona Council for Seniors	Transcona	222-9879

**For more information online:**

**[www.seniors.cimnet.ca](http://www.seniors.cimnet.ca) and click on "Seniors Community Resource Councils"**

### **Go-Getter Errand Services**

**Services Offered:** Errands, shopping for seniors, yard work, assist with moving, assemble furniture, and other odd jobs.

#### **Contact Information:**

**Ph:** 228-3260

**Address:** Box 68008-43 Osborne Street

### **Housework, Chores, and More**

**Services Offered:** Personal shopping, cleaning, laundry, meal prep, lawn care, and home maintenance.

#### **Contact Information:**

**Ph:** 237-7866

**Address:** 90 Rue Des Meurons



### **Little Luxuries House Cleaning Ltd.**

**Services Offered:** Shopping, errands, quality cleaning of residential homes (kitchens, bathrooms, dusting, vacuuming, floor washing, windows & walls), laundry, as well as pet and house checks. Little Luxuries serves the south & south-western areas of Winnipeg which include; Tuxedo, Charleswood, St. James, White Ridge, Linden Woods, River Heights, Fort Rouge, Fort Richmond, South Pointe, Bridge Water Forest, St. Vital, Headingley, Breezy Bend, Assiniboine Landing, and The Oaks.

#### **Contact Information:**

**Ph:** 795-9835

**Email:** luxuries@mts.net

### **Minding Your Manors-Home Services & Concierge**

**Services Offered:** Errands, shopping, home checks, house sitting, and elder services.

#### **Contact Information:**

**Ph:** 452-7473

**Email:** mym@mts.net

**Website:** www.mindingyourmanors.com

