

SWP-SPH-LIFT HYGIENE-CHAIR



Description of Task: Use of a lift hygiene chair			
Position/Job: 1 or more Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
Potential Hazards		Personal Protective Equipment Required	
	<i>Risk for Injury (check all that apply)</i>	<i>Specify Type, Manufacturer, Model</i>	
<input checked="" type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input checked="" type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: proper footwear for HCW
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input checked="" type="checkbox"/>	Other: Isolation precautions if required
<input type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	Lift hygiene chair (appropriate weight capacity)	
<input checked="" type="checkbox"/>	Surfaces/Objects causing slips, trip or falls	Appropriate transfer equipment	
<input checked="" type="checkbox"/>	Task requires more than 1 worker	Training in Independent/Supervised, 1-2 Minimal Assist Transfer, Sit Stand Lift and Stand Assist Frame Transfer (if applicable)	
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights	Refer to manufacturer's guidelines	
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		<i>Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.</i>	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input type="checkbox"/> Demonstrated Competency		<input checked="" type="checkbox"/> Watched Video	
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date

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Provincial Workplace Safety & Health Working Group	September 2022	September 2022	September 2022
This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.			
Notes/Other Considerations:			
<ul style="list-style-type: none"> • Patient should be properly assessed for ability and potential contraindications in using the lift hygiene chair. <ul style="list-style-type: none"> ○ The patient should be able to sit upright self-supporting on the side of a bed or toilet and be able to reposition self. ○ The patient should understand and respond to instructions to stay seated in an upright position. ○ If behavior interferes with care, alternate procedures and/or equipment may be required • Always make sure the device is in the lowest possible position when the patient is sitting in the lift to avoid the patient falling or the lift tipping. • The chosen methods of bathing and transfer must be documented in the patient’s care plan. Options for transfer method to the lift hygiene chair are: <ul style="list-style-type: none"> ○ Independent/Supervised/1 or 2 minimal assist transfer with transfer belt ○ Stand assist frame ○ Sit stand lift ○ Stand at grab bar in tub room and switch wheelchair with lift hygiene chair ○ Some manufacturers may instruct an alternative option to transfer the patient directly from lying in bed onto specific lift hygiene chairs. Patient must be appropriate to use the lift hygiene chair as described above and be assessed for this specific transfer method. Follow manufacturer’s instructions and/or training for this transfer method (see 5b). <p>Note: Minimal of one healthcare worker is required for bathing, two HCWs will be required to transport patient or raise feet to clear the edge of the tub.</p> <p>Note: Prior to each use, ensure the lift hygiene chair is in proper working order and the battery is sufficiently charged.</p>			
Steps to be taken to complete task safely			
1	Prefill the tub with water and check water temperature.		
2	Prepare the hygiene chair, if applicable, ensure the backrest is on correctly and the safety belt is properly installed, if available. Move the handle arms up.		
3	Ensure there is adequate space to maneuver the patient in the area. Lower the hygiene chair to the appropriate height for transfer. Apply the brakes on the hygiene chair.		
4	Prepare the patient for transfer. Remove clothing.		
Transfer Option 1			
5a	Transfer the patient onto the lift hygiene chair using their assessed transfer method (i.e. 1-2 minimal assist transfer with transfer belt, sit-stand lift, etc.).		
6a	Cover patient with blankets/towels for transport to tub room.		

Continue to Post Transfer Steps.	
Transfer Option 2: Lying in Bed to Hygiene Chair	
<i>Only to be used if indicated by manufacturer for specific lift hygiene chairs and assessed appropriate for that patient</i>	
5b	<p>Apply brakes on bed and move handle arms up on the hygiene chair. Ask the patient to roll away from hygiene chair. If patient requires minimal assist to roll, HCWs are positioned on either side of the bed. HCW#1 pushes/rolls patient towards HCW#2 by shifting weight up and forward.</p> 
6b	<p>Move the hygiene chair over the bed and as close to the patient as possible, positioning the seat behind the patient's hips. Lower the seat so it sits firmly on the bed. Apply the brakes on the hygiene chair.</p> 
7b	<p>Ask the patient to turn onto their back and ensure their buttocks are centered on the seat. Move the front handle arm down. Assist the patient to sit upright with either minimal assist or raising the head of the bed. Move the backrest handle arm down and ensure it is supporting the patient's back. Cover patient with blankets/towels for transport to tub room.</p> <div style="display: flex; justify-content: space-around;">     </div>
Continue to Post Transfer Steps.	
Post Transfer Steps	
8	<p>Lower handle arms and apply the safety belt around the patient and ensure the patient is properly positioned on the hygiene chair.</p>

<p>9</p>	<p>Raise the chair to a height which allows the patient to brush their toes along the chair base.</p> <p>NOTE: Potential tip risk if client is transported with chair too high or too low.</p>	
<p>10</p>	<p>With two HCWs, transport the patient to the tub using the handles. Transport only on even surfaces and free of obstacles.</p>	
<p>11</p>	<p>Lower the tub to its lowest position. Always check the water temperature before lowering the patient.</p>	
<p>12</p>	<p>Raise the tub to a comfortable height for HCW(s) to minimize bending during bathing.</p>	
<p>13</p>	<p>Lower the chair into the tub. If available, place the tub foot block in position to support the patient's feet and to prevent sliding.</p>	
<p>14</p>	<p>Bathe the patient.</p>	
<p>Post Bathing Steps</p>		
<p>15</p>	<p>After bathing, open drain. If arm rest handles were in up position, move the arm rest down in front of the patient so they can hold on to it. Have the patient push themselves back to sit upright on the hygiene chair as they may have moved while in the water.</p>	
<p>16</p>	<p>Lower the tub to its lowest position. Start shower and check the water temperature from the shower attachment. Rinse the patient. Dry the patient and place towels to keep them warm and comfortable</p>	
<p>17</p>	<p>Raise the hygiene chair so the seat clears the edge of the tub. Shower patient's feet and dry patient and the underside of the chair. While maintaining proper body mechanics, assist patient to guide their legs over the tub edge while turning the hygiene chair away from the tub.</p>	
<p>18</p>	<p>Lower the patient until their feet just brush the top of the chair base.</p>	
<p>19</p>	<p>Cover patient with blankets/towels and transport to their room using the driving handles.</p>	
<p>20</p>	<p>Place the lift at the appropriate height to transfer and apply brakes.</p> <p>Transfer the patient onto the lift hygiene chair using their assessed transfer method (i.e. 1-2-person transfer with transfer belt, sit-stand lift, etc.). Finish drying and dressing patient in patient's room.</p>	

Related Materials:

References: