

# SWP-SPH-FULL MANUAL ASSIST RECOVERY FROM FALL TO FLOOR SIGNIFICANT INJURY SUSTAINED



Description of Task: Lifting a patient from floor with hard board when significant injury is sustained			
Position/Job: 5 or more Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
<b>Potential Hazards</b>		<b>Personal Protective Equipment Required</b>	
	<i>Risk for Injury (check all that apply)</i>	<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	<b>Equipment and/or tools required to perform task</b>	
<input type="checkbox"/>	Noise	2 Slider Sheets, Hard Board, Stretcher	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls	Training on slider insertion/removal	
<input type="checkbox"/>	Task requires more than 1 worker	Training in log roll procedure	
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	<b>For machine operation tasks complete the following</b>	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input checked="" type="checkbox"/>	Other: Confined Space		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
<b>Training and Proficiency:</b>			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input type="checkbox"/> Demonstrated Competency		<input checked="" type="checkbox"/> Watched Video	
<b>Responsibilities</b>			
<b>Manager/Supervisor or Designate:</b> Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		<b>Staff performing task:</b> Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	December 2018	December 2018	January 2022

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This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

## Notes/Other Considerations:

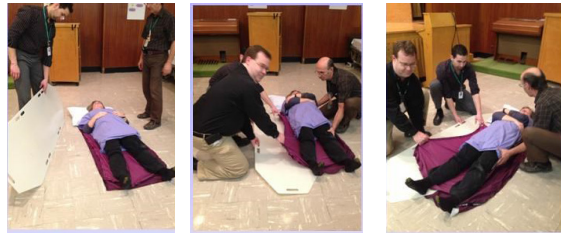
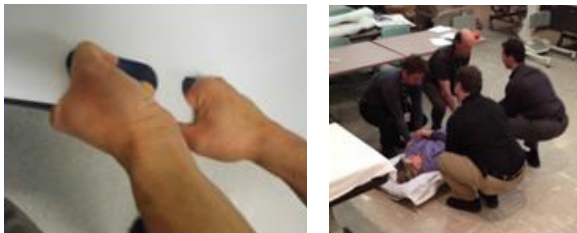

This procedure is to occur after a nurse assessment has determined a significant injury which would not allow for the use of a mechanical floor lift, such as:

- Fractured hip, pelvis, scapula, clavicle
- Fractured vertebrae and/or spinal cord injury
- Fractured femur, humerus




**It is strongly recommended to use other options such as an air assisted device if available.**

## Steps to be taken to complete task safely

### Method 1: Patient in accessible area

1	<p><b>Option A:</b> If patient is lying on back, insert two slider sheets underneath patient using the “unfold” technique. HCW #1 and 2 half kneels on one side of the patient. HCW #3 and 4 half kneel on opposite side of patient. HCW #1 and 2 uses one hand to hold the top slider sheet tight towards themselves, and the other hand holds the hard board slightly angled to go underneath the patient. HCW #1 and 2 push and slide the hard board under the patient while HCW #3 and 4 push patient towards HCW #1 and 2 (onto hard board). Remove slider sheets</p> <div data-bbox="815 991 1372 1222">  </div>
2	<p><b>Option B:</b> If patient is not lying on their back, log roll onto hard board.</p>
3	<p>HCW # 5 positions stretcher at head of patient in lowest position. 4 or more HCW's are positioned alongside both sides of the hard board with hands positioned with one palm up and one palm down (see photo) and squat with toes and knees pointed out and back as straight as possible.</p> <div data-bbox="937 1285 1510 1516">  </div>
4	<p>Communicate with HCW's to lift patient together at the same time. As patient is lifted, HCW #5 will position the stretcher under the patient by approaching from the head.</p> <div data-bbox="1263 1543 1494 1757">  </div>

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5	With the brakes on, safely position the patient onto the stretcher. Bring up the side rails after patient is securely in position.	
<b>Method 2: Patient not in accessible area</b>		
1	Location of patient fall will determine number of HCWs based on space. Insert sliders under patient as able. Insert extension straps (or substitute) through loops of <b>both</b> layers at one end.	
2	HCWs stand with wide base of support, one foot in front of the other. Grasp extension strap or substitute (e.g. blanket, scrub pants etc.). Keeping back straight, weight shift backwards to slowly slide patient to accessible area.	
3	Refer to Method 1 Option A once patient is in open area	
<b>Related Materials:</b>		
<b>References:</b>		