

SWP-SPH-BED REPOSITIONING WITH BED SHEET SLIDER SYSTEM



Description of Task: Repositioning in bed using bed sheet slider system			
Position/Job: 2 or more Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
Potential Hazards		Personal Protective Equipment Required	
<i>Risk for Injury (check all that apply)</i>		<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	Bed Sheet Slider System (Top Sheet and Fitted Sheet) (e.g. Swift Ultra Slide Sheet™). The two items of the system must always be used together.	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls		
<input type="checkbox"/>	Task requires more than 1 worker		
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input checked="" type="checkbox"/> Demonstrated Competency (On at least one of the Slider Sheets or Bed Sheet Slider System)			
<input type="checkbox"/> Watched Video			
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	July 2019	July 2019	January 2022

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This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:

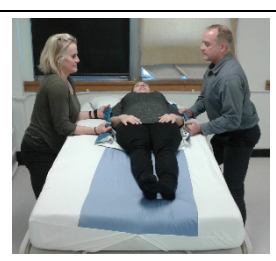

- To only be used for patients who are dependent for bed mobility and cannot move around in bed. Patient size must not exceed size of sliding strip on fitted sheet. Varying size options are available.
 - If patient does not meet above criteria, another repositioning device must be used.
 - All patient repositioning is to remain within the sliding strip
- The system remains on the bed with the top sheet tucked between mattress and bed when not in use.
- If behavior interferes with care, alternate procedures and/or equipment may be required
- More than 2 HCWs may be required if:
 - Greater than minimal assistance is required by each HCW. Additional procedures and/or equipment may be required (e.g. tube or sheet slider, mechanical lift, repositioning sling)
 - Low or High Muscle Tone is present
 - Patient care equipment or devices are being used (e.g. Casts, I.V. poles)

Recent surgery or fracture. (e.g. Hip precautions)

Steps to be taken to complete task safely

1	Place the bed flat and position bed at the waist height of the shortest person. HCWs are positioned on opposite sides of the bed and the bed sheet slider system is in place on the bed. Patient should be positioned so that the shoulders and hips of patient are on the top sheet. Ensure brakes are engaged on bed.	
2	Both HCWs untuck top sheet from under mattress. If repositioning laterally (side to side) in bed, HCWs place feet with one foot in front of the other and keep back straight. If repositioning up in bed, HCWs place feet parallel hip width apart with knees bent. Place a second pillow in front of the headboard to protect patient during repositioning.	
3	When ready for movement, ask the patient to cross their arms on their chest, keep head on pillow and bend knees if able.	
4	For side to side repositioning, HCWs roll edges of top sheet next to patient. HCW #1 (left in photo) will place one hand on the patient's shoulder and the other hand on the patient's hip. HCW #2 (right in photo) can grasp the rolled edges of the top sheet near the shoulder and hip.	
5	When both HCWs are in the correct position, they will weight shift at the same time. HCW #1 pushes on the patient towards HCW #2, HCW #2 pulls top sheet towards themselves keeping the patient on the sliding strip.	

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6	<p>For repositioning up in bed, both HCWs roll edges of top sheet at shoulder and hip level and place wrists in thumbs up position. Both HCWs shift weight towards head of bed to slide patient into the correct position.</p>	
7	<p>Smooth out top sheet and tuck under mattress on both sides. Raise foot of the bed (e.g. knee gatch) if required to prevent patient from sliding further down the bed.</p>	
Related Materials:		
References:		