

SWP-SPH-LOG ROLL FOR SPINAL PRECAUTIONS ON BED OR STRETCHER



Description of Task: Rolling patient with spinal precautions			
Position/Job: Minimum 3 Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
Potential Hazards		Personal Protective Equipment Required	
	<i>Risk for Injury (check all that apply)</i>	<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	Height adjustable bed or stretcher	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls	Spine board if needed	
<input type="checkbox"/>	Task requires more than 1 worker		
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input type="checkbox"/> Demonstrated Competency		<input checked="" type="checkbox"/> Watched Video	
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	July 2019	July 2019	January 2022



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This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:

- For use with patients suspected or confirmed to have an unstable spine or pelvis fracture
- Client may or may not have a cervical collar.
- More HCWs are required if the patient has:
 - Leg cast
 - Central line
 - Drainage tube
 - Behaviour interferes with care

Steps to be taken to complete task safely

1	Place bed/stretchers at waist height of shortest HCW with space for movement of HCWs at both sides and the head of the bed. Ensure brakes are applied.	
2	HCW#1 stands with wide base of support at head of bed in line with patient's head. HCW#1 places forearms on either side of patient's head/jaw, holding onto patient's head and maintaining neck alignment. HCW #1 can bend their elbows and rest them on the mattress.	
3	HCW #2 and HCW #3 stand on one side of the bed with wide base of support, one foot in front of the other. HCW #2 places hands on patient's far shoulder and hip. HCW #3 places hands on patient's far waist and knee. Arms of HCW #2 and #3 will overlap. Additional HCWs may assist with the legs and feet if required.	
4	HCW #1 asks patient to remain motionless. HCW #1 maintains alignment and asks HCW #2 and #3 to roll patient towards themselves. All HCWs work together to weight shift and roll the patient at the same time to a side lying position. HCW#1 ensures control of the head to maintain spinal alignment.	
5	If needed, a spine board can be inserted or removed by additional HCWs. HCWs #1, 2 and 3 will maintain patient in side lying position.	
6	Reverse procedure to return patient to their back on the bed/stretchers.	

Related Materials:

References:

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