

SWP-SPH-TURN WITH BED SHEET SLIDER SYSTEM

Description of Task: Turn a patient using bed sheet slider system			
Position/Job: 2 or more Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
Potential Hazards		Personal Protective Equipment Required	
<i>Risk for Injury (check all that apply)</i>		<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	Bed Sheet Slider System (Top Sheet and Fitted Sheet) (e.g. Swift Ultra Slide Sheet™). The two items of the system must always be used together.	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls		
<input type="checkbox"/>	Task requires more than 1 worker	For machine operation tasks complete the following	
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	Machine Description and Safety Features:	
<input type="checkbox"/>	Working Alone or in Isolation		
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign <input type="checkbox"/> Other Required Training: <i>Specify</i>			
<input checked="" type="checkbox"/> Demonstrated Competency (On at least one of the Slider Sheets or Bed Sheet Slider System)			
<input type="checkbox"/> Watched Video			
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	July 2019	July 2019	January 2022

SWP-SPH-TURN WITH BED SHEET SLIDER SYSTEM


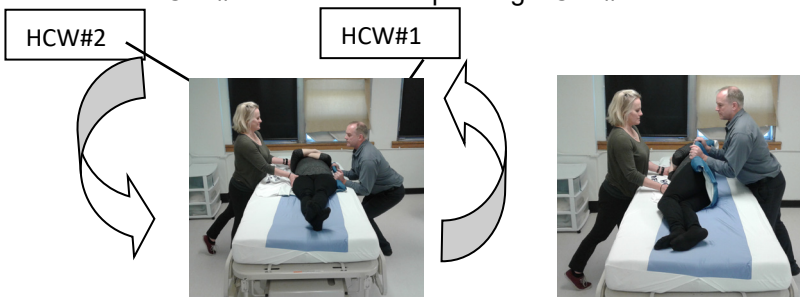
This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:

- To only be used for patients who are dependent for bed mobility and cannot move around in bed. Patient size must not exceed size of sliding strip on fitted sheet. Varying size options are available.
 - If patient does not meet above criteria, another repositioning device must be used.
 - All patient repositioning is to remain within the sliding strip
- The system remains on the bed with the top sheet tucked between mattress and bed when not in use.
- If behavior interferes with care, alternate procedures and/or equipment may be required
- More than 2 HCWs may be required if:
 - Greater than minimal assistance is required by each HCW. Additional procedures and/or equipment may be required (e.g. tube or sheet slider, mechanical lift, repositioning sling)
 - Low or High Muscle Tone is present
 - Patient care equipment or devices are being used (e.g. Casts, I.V. poles)

Recent surgery or fracture. (e.g. Hip precautions)

Steps to be taken to complete task safely

1	Place the bed flat and position bed at the waist height of the shortest person. HCWs are positioned on opposite sides of the bed and the bed sheet slider system is in place on the bed. Patient should be positioned so that the shoulders and hips of patient are on the top sheet. Ensure brakes are engaged on bed.	
2	Both HCWs untuck top sheet from under mattress. Use a wide base of support. HCWs place feet with one foot in front of the other.	
3	HCW #1 will roll edges of top sheet with the wrists in thumbs up position. HCW #2 will place one hand on the patient's shoulder and the other hand on the patient's hip with hand/fingers pointing outward.	
4	<p>Ask the patient to cross their arms across their chest and bend the knee or cross the leg at the ankle on the side of HCW #1. When both HCWs are in the correct position, they will push at the same time. Ensure proper weight shift for the HCWs - back to front. HCW #1 pushes top sheet towards HCW #2, HCW #2 pushes patient downward and towards HCW #1. Patient ends up facing HCW #2.</p> <div data-bbox="341 1512 1136 1806">  </div>	

SWP-SPH-TURN WITH BED SHEET SLIDER SYSTEM

5	If you need to turn patient to opposite side, HCW#2 pulls on rolled edge of top sheet and HCW#1 controls movement of patient onto their back.
6	Smooth out top sheet and tuck under mattress on both sides.
Related Materials:	
References:	