

SWP-SPH-TURN WITH FULL LENGTH SLIDERS

Description of Task: Turn a patient using 2 full length slider sheets or 1 full length tube slider			
Position/Job: 2 or more Healthcare Workers (HCWs)		Department/Unit: All patient care areas	
Potential Hazards		Personal Protective Equipment Required	
	<i>Risk for Injury (check all that apply)</i>	<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	2 Slider Sheets or one tube slider and training how to insert them.	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls		
<input type="checkbox"/>	Task requires more than 1 worker		
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input checked="" type="checkbox"/> Demonstrated Competency		<input type="checkbox"/> Watched Video	
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	July 2019	July 2019	January 2022

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This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.

Notes/Other Considerations:

- If behavior interferes with care, alternate procedures and/or equipment may be required
- More than 2 HCWs may be required if:
 - Greater than minimal assistance is required by each HCW. Additional procedures and/or equipment may be required (e.g. mechanical lift, repositioning sling)
 - Low or High Muscle Tone is present
 - Patient care equipment or devices are being used (e.g. Casts, I.V. poles)
 - Recent surgery or fracture. (e.g. Hip precautions)

Steps to be taken to complete task safely

- 1** Place the bed flat and position bed at waist height of the shortest person. Ensure brakes are on. HCWs are positioned on opposite sides of the bed and slider(s) are in place under the patient. Patient should be positioned with legs crossed or one knee bent to facilitate turn.
- 2** Use a wide base of support. HCWs place feet with one foot in front of the other or with the knee of the front leg on the bed (if required). Keep elbows close to body.


- 3** HCW #1 (left in photo) will grasp the top slider with the wrists in a straight position. HCW #2 (right in photo) will place one hand on the patient's shoulder and the other hand on the patient's hip



- 4a** **OPTION 1-** Have the patient cross their arms across their chest. When both HCWs are in the correct position, they will push at the same time. Ensure proper weight shift for the HCWs - back to front. HCW #1 straightens legs, stands up and pushes slider sheet forward towards HCW #2, HCW #2 pushes patient downward and towards HCW #1. Patient ends up facing HCW# 2.



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4b	<p>OPTION 2 – Raise side rail of opposite side or ensure there is no risk of patient falling. HCW #1 and #2 will grasp the handles of the top slider near the shoulder and hip OR fold and roll the slider to help create grip.</p> <p>In one fluid motion, HCW #1 and HCW #2 shift weight from front leg to back leg to move patient over in bed slightly and then from back leg to front leg to turn patient onto side (“J” turn).</p>	
5	If you need to turn patient to opposite side, HCW#2 pulls on handles and HCW#1 controls movement of patient onto their back. Repeat process to turn patient to opposite side.	
6	Sliders are always removed before the HCWs leave the bedside.	
Related Materials:		
References:		