

SWP-SPH-ASSIST WITH STAND ASSIST FRAME (E.G. SARA STEADY™)


Description of Task: Movement of patient from sitting position on one surface to another sitting surface using Stand Assist Frame			
Position/Job: Minimum 1 Healthcare Worker (HCW)		Department/Unit: All patient care units	
Potential Hazards		Personal Protective Equipment Required	
	<i>Risk for Injury (check all that apply)</i>	<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	Equipment and/or tools required to perform task	
<input type="checkbox"/>	Noise	Proper Footwear for Patient.	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls	Stand Assist Frame (e.g. SARA Steady™)	
<input type="checkbox"/>	Task requires more than 1 worker	Training in Transfer Belt use if second HCW required	
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	For machine operation tasks complete the following	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
Training and Proficiency:			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input type="checkbox"/> Demonstrated Competency		<input checked="" type="checkbox"/> Watched Video	
Responsibilities			
Manager/Supervisor or Designate: Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		Staff performing task: Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	December 2018	December 2018	January 2022

This safe work procedure was created by The Provincial Workplace Safety and Health MSIP Subcommittee and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.


Notes/Other Considerations:

- Patient should be properly assessed for ability
- The patient must be able to:
 - Reliably weight bear through legs.
 - Able to follow directions.
 - Sit at the bedside unsupported
 - Requires no more than minimal assist to stand.
 - Tolerate belt pressure (if necessary)
- If patient requires minimal assist to stand, use a transfer belt in conjunction with stand assist frame. This may require additional HCWs.

Note: Prior to each use, ensure that the stand assist frame is in proper working order.

Note: The stand assist frame is designed for short distance transfers only (e.g. within the room)

Steps to be taken to complete task safely

1	Ensure brakes are on bed/chair. With patient seated comfortably at the edge of chair/bed, open base and position stand assist frame with seat pads in open position. Move stand assist frame in front of patient so that shin pad contacts front of patient's legs. Allow patient's feet to rest on the platform. Apply brakes on stand assist frame.	
2	HCW(s) stand at the side of patient with a wide base of support, hips and knees bent and back straight.	
3	Instruct patient to lean forward and grab horizontal bar and pull to a standing position. If patient requires minimal assistance, use a transfer belt.	
4	HCW 1 will swing seat pads down behind patient's buttocks. Instruct patient to sit onto seat pads. The patient should continue to hold the horizontal handlebar during the transfer.	
5	HCW 1 moves in front of patient. Stand in wide base of support, one leg in front of the other. Unlock brakes and grab handles of the stand assist frame. Keep arms close to body and take steps to move stand assist frame to destination (e.g. attached bathroom).	
6	Continue until receiving surface can be felt at back of patient's legs. Apply brakes of stand assist frame. Instruct patient to stand as in step 3 above. Swing seat pads out of the way and instruct patient to sit on receiving surface while continuing to hold on to horizontal grab bar. If patient requires minimal assist, use transfer belt	

7	Instruct patient to lift feet off foot plate. Unlock brakes and remove stand assist frame. Remove the transfer belt if applicable and replace the footrests of the wheelchair if appropriate.
Related Materials:	
References:	