

# SWP-SPH-TWO ASSIST MECHANICAL SIT TO STAND TRANSFER

Description of Task: Assisting a patient to transfer between a bed/chair/commode etc.			
Position/Job: 2 Healthcare Workers (HCW)		Department/Unit: All patient care areas	
<b>Potential Hazards</b>		<b>Personal Protective Equipment Required</b>	
	<i>Risk for Injury (check all that apply)</i>	<i>Specify Type, Manufacturer, Model</i>	
<input type="checkbox"/>	Biological (puncture/spill/splash/exposure)	<input type="checkbox"/>	Head Protection:
<input type="checkbox"/>	Caught In/Under/Between Wall, Equipment	<input type="checkbox"/>	Eye Protection:
<input type="checkbox"/>	Chemical/Hazardous Substance/Medication	<input type="checkbox"/>	Hearing Protection:
<input type="checkbox"/>	Contact with Hot/Cold Object/Substance	<input type="checkbox"/>	Face Protection:
<input type="checkbox"/>	Contact with Sharp Object (not biological)	<input type="checkbox"/>	Hand Protection:
<input type="checkbox"/>	Electrical	<input checked="" type="checkbox"/>	Foot Protection: Proper Footwear
<input type="checkbox"/>	Falling or moving equipment/material	<input type="checkbox"/>	Respirator/Fit Test:
<input type="checkbox"/>	Moving machinery / parts	<input type="checkbox"/>	Body Protection:
<input checked="" type="checkbox"/>	MSI-Awkward / sustained postures	<input type="checkbox"/>	Hi Visibility Apparel:
<input checked="" type="checkbox"/>	MSI-Forceful exertions	<input type="checkbox"/>	Other:
<input type="checkbox"/>	MSI-Repetitive motions	<b>Equipment and/or tools required to perform task</b>	
<input type="checkbox"/>	Noise	Height adjustable bed/stretchers (if available)	
<input type="checkbox"/>	Surfaces/Objects causing slips, trip or falls	Proper Footwear for patient.	
<input type="checkbox"/>	Task requires more than 1 worker	Sit to Stand Lift and appropriately sized sling	
<input type="checkbox"/>	Violent, Aggressive or Reactive Behaviours	<b>For machine operation tasks complete the following</b>	
<input type="checkbox"/>	Working Alone or in Isolation	Machine Description and Safety Features:	
<input type="checkbox"/>	Working at Heights		
<input type="checkbox"/>	Other:		
Patient/Client/Resident Related Tasks - be knowledgeable of patient specific hazards (CARE Alert, Falls Risk, Patient Handling Assessment, Isolation Precautions, etc.)		Set-up and maintenance of this equipment is only to be performed by trained/authorized staff following the manufacturer's manual.	
<b>Training and Proficiency:</b>			
Staff who perform this task must be trained as indicated below in this safe work procedure prior to performing it. Training must be documented. This SWP must be available to staff.			
<input type="checkbox"/> Read Procedure and Sign		<input type="checkbox"/> Other Required Training: <i>Specify</i>	
<input checked="" type="checkbox"/> Demonstrated Competency		<input type="checkbox"/> Watched Video	
<b>Responsibilities</b>			
<b>Manager/Supervisor or Designate:</b> Ensure all staff are trained and that duties are performed in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures).		<b>Staff performing task:</b> Perform task in accordance to training, established health and safety regulations, guidelines, policies and procedures (e.g. following safe work procedures). Follow process for reporting hazards, injuries, occurrences and patient safety events.	
Approved by	Original Effective Date	Revised Effective Date	Reviewed Date
Provincial Workplace Safety & Health Working Group	July 2019	January 2023	
This safe work procedure was created by [insert information] and will be reviewed any time the task, equipment or materials change and at a minimum of every three years from the last revision date.			


**Notes/Other Considerations:**

- Patient should be properly assessed for ability and potential contraindications in using this lift
- The patient must be able to:
  - Move from lie to sit independently or with minimal assist
  - Able to support themselves independently in sitting at the bedside
  - Hold onto lift handle with at least one arm and partially weight bear with at least one leg
  - Bariatric patients will hold on with two arms and partially weight bear two legs
  - Maintain a balanced upright position during transfer
  - Follow directions
- If behavior interferes with care, alternate procedures and/or equipment may be required
- **Never leave the patient unattended attached to the lift.**



**Note:** Prior to each use, ensure that the sit-stand lift is in proper working order and that the battery is sufficiently charged. Inspect the sling for signs of damage prior to use

**Note:** Sit-stand lifts are designed for short distance transfers only (e.g. bed to chair)

**Steps to be taken to complete task safely**

<b>1</b>	With the patient sitting at the bedside or in the chair, the HCW adjusts bed so that patient sits with feet on the floor. Apply bed and/or wheelchair brakes.
<b>2</b>	Ensure that there is adequate space to maneuver the patient/resident in the area.
<b>3</b>	Place the lifting sling under the patient's arms and around the back of patient/resident. Fasten the waist belt and ensure it is <u>snug securely</u> around the trunk.
<b>4</b>	Move the sit-stand lift in front of the patient. Ask patient to place feet on the foot plate. The patient's shins should rest against the shin pads. Legs of lift should be under the side of the bed or around the base of chair or commode. Apply brakes
<b>5</b>	If adjustment is possible, adjust knee/shin pads so that the pad sits just below the kneecap. Attach any available calf straps and tighten as required. 

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6	Attach the straps securely to the sit-stand lift as per lift type (loop vs. clip). Release brakes on the sit-stand lift or as indicated by manufacturer's instructions or training. HCW#1 stands in front of handles, facing the patient.	
7	Ask the patient to grasp the available handles of the sit-stand lift, lean back and push with their legs.	
8	While patient is leaning back, raise the lift until the patient clears the bed or chair. HCW #2 assists in guiding the patient and lift in the direction of the destination.	
9	Guide patient to receiving surface, opening the lift base as required.	
10	Apply bed and/or wheelchair brakes as appropriate. Lower the patient onto the chair or bed. Ensure the patient's legs touch the front edge of the seating surface and that the buttocks reach the back of the seat. Detach the sling and leave the patient in a safe and secure position. Remove the lift and take the sling out from behind the patient.	
<b>Related Materials:</b>		
<b>References:</b>		