

# Requisition for Spasticity Assessment

SPASTICITY  
Assessment

Once completed, please fax or email to:

Dr. \_\_\_\_\_ at \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

Patient name: \_\_\_\_\_ Birth date: \_\_\_\_\_

Health card #: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_

Choose one: ☐ Inpatient ☐ Outpatient ☐ Long-term care resident

Facility name: \_\_\_\_\_

Patient consent has been given for physiatrist/neurologist referral: ☐ Yes ☐ No

SDM (substitute decision maker) consent has been given: ☐ Yes ☐ No Phone #: \_\_\_\_\_

Lift or assistance required for patient transfer: ☐ Yes ☐ No

Diagnosis of spasticity due to (check one):

- |  |  |  |
|--|--|--|
| <input type="radio"/> Stroke             | <input type="radio"/> Cerebral palsy         | <input type="radio"/> Multiple sclerosis |
| <input type="radio"/> Spinal cord injury | <input type="radio"/> Traumatic brain injury | <input type="radio"/> Other: _____       |

Presentation of spasticity (check all that apply):

Muscle stiffness, tightness, or contraction in:

- |  |   |
|--|---|
| <input type="radio"/> Upper limb (shoulder, elbow, wrist, or hand) | <input type="radio"/> Right <input type="radio"/> Left <input type="radio"/> Both |
| <input type="radio"/> Lower limb (thigh, knee, ankle, or foot)     | <input type="radio"/> Right <input type="radio"/> Left <input type="radio"/> Both |
| <input type="radio"/> Other: _____                                 |   |

Goals of therapy (check all that apply):

- |   |  |  |
|---|--|--|
| <input type="radio"/> Decrease pain     | <input type="radio"/> Improve seating      | <input type="radio"/> Prevention of pressure sores |
| <input type="radio"/> Improve transfers | <input type="radio"/> Improve gait pattern | <input type="radio"/> Prevention of contractures   |
| <input type="radio"/> Aid in dressing   | <input type="radio"/> Aid in hygiene       | <input type="radio"/> Improve orthosis fit         |
| <input type="radio"/> Other: _____      |  |  |

Important medical history/medications (HTN, A-Fib, anticoagulant, etc.):

☐ Medical report appended INR: ☐ Stable ☐ Unstable

Specify current medications, allergies, family history of disease, etc.:

Previous therapies tried: \_\_\_\_\_

Other comments:

For office use only:

Date: \_\_\_\_\_

Appointment date/time:

Referring physician: \_\_\_\_\_

Physician signature: \_\_\_\_\_ Date: \_\_\_\_\_